

IS SPORTS BETTING A PROBLEM YOU CAN'T TACKLE? DON'T FUMBLE...



CALL 888-ADMIT-IT
and score the help you may need.

While sports betting can be a harmless activity between friends, for some, it can become an addiction. What starts out as fun can quickly escalate to utilizing illegal bookmakers or placing wagers in fantasy sports games and sports gambling websites. Daily fantasy sports betting draws millions of players every year that are unaware of the risk involved—especially as it's seen as a game of skill.

- Billions of dollars are wagered both legally and illegally on sporting events each year
- An estimated 100 billion dollars or more is wagered on sporting events each year
- 1 in 10 Americans gamble on March Madness brackets



**FLORIDA COUNCIL ON
COMPULSIVE GAMBLING**

THE TRUTH ABOUT Problem Sports Betting

Some indicators of a sports betting problem include:

- Inability to watch sporting events without wagering
- Borrowing money from others to gamble on sports
- Writing bad checks to obtain money to gamble
- Preoccupation with gambling and being critical of others interfering during a sporting event
- Ignoring family and responsibilities while sporting events take place
- Superstitious behavior while a sporting event takes place
- Increasing bets and chasing losses to get even
- Lying to family and friends about wagering
- Betting frequently and excessively on multiple sporting events

**IF THESE SIGNS APPLY TO YOU,
WE CAN HELP.**

Gambling addiction can be treated if recognized.
If you need assistance, contact our 24-hour
confidential Helpline 888-ADMIT-IT (888-236-4848)
for resources and support.

**"By gaming, we lose both time and treasure:
two things most precious to the life of man."**

– Owen Feltham

 888-ADMIT-IT |  321.978.0555 |  gamblinghelp.org



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